

KS2 - Gymnastics

Examples of work at Standard and Exceeding Levels





Y3 - Symmetry balance - Exceeding



Y3 - Symmetry balance - Standard (2)



Y3 - Symmetry balance - Standard 1



Y3 - Symmetry balance - Standard



Y4 - Symmetry balance - Exceeding



Y4 - Symmetry balance - Standard



Y5 - Counter balance - Standard



Y5 - Counter tension - Exceeding - extension on the legs limited due to showing both a push and pull balance at the same time.



Y5 - Counter tension - Exceeding - pulling on both arms and legs - fully extended limbs



Y5 - Counter tension - Standard - did well to have three of them all pulling but not fully extended



Y6 - Handstands - Exceeding



Y6 - Mirroring - Exceeding interlinked crabs fully extended



Y6 - Mirroring - Standard - extended legs but minimal upper body



Y6 - Mirroring - Standard -arms fully extended but legs bent



Y6 - Mirroring - Exceeding