



Willerby Carr Lane
Primary School

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Newsletter

11 March, 2020

Willerby Carr Lane Primary School Newsletter



World Book Day Brings Characters To Life !

The whole school, from EYFS to Year 6, had a great time during World Book Day last Thursday. The children's and staff's costumes were really fun, colourful and imaginative. Classes swapped and had different teachers to share their favourite books. It was a great way of emphasising just how essential it is, at primary school, to develop the love of reading and the habit of reading. Well done everyone!

More photos of our fun day can be found at: <https://flic.kr/s/aHsmLMQZkV>



What are my children learning at school ?

Every parent will tell you that when they ask their children,

"What did you do at school today?",

the answer will nearly always be the same,

"Nothing!"

It always seems amazing that it takes the staff so much effort, and the kids so much hard work, to do nothing!

Of course, as you are well aware, this couldn't be further from the truth. It's more likely that they are just a little jaded from concentrating so hard at school and not in the mood to regurgitate the ins-and-outs of their maths, reading, writing, P.E., computing, geography, history, design technology, R.E., PSHE, music, French, science, singing or art lessons, of over 5 hours each day!

As a school staff team, we have been working hard since the autumn, on revamping our curriculum. We want to ensure that the curriculum is carefully designed to ensure that it is inspiring and creative whilst building progressively on the children's learning, across all subjects, year on year.

If you want to see exactly what your children are learning, you can find out by visiting our website. Under the **Curriculum Tab**, you will see the termly planning for your children's year group. Below this you will find a range of '**knowledge organisers**' which you can view or download. These knowledge organisers give much more detail than previously, about what your children will be learning in each subject during the term. There are still a few gaps, here and there, which are getting filled, as we complete the process of specifying our curriculum in detail. Please have a look. And next time your child says, **"Nothing!"** you will be able to correct them and test them on exactly what they will have learnt !



Download our curriculum knowledge organisers:

Year 4	Autumn	Spring	Summer
English			
Mathematics	Maths	Maths	Maths
Science	Animals	Sound Electricity States of Matter	Habitats
Art & Design			
Computing	Coding Online Safety	Spreadsheets	Effective searching Hardware
DT			
Geography		North America	Our local area/ Yorkshire
History	Egypt	Anglo Saxons	
Languages			
Music	Mamma Mia	Stop!	Lean on me Blackbird
PE	Health Related Exercise Netball Hockey	Gymnastics Dance – Aliens Tag Rugby	Swimming Athletics Cricket

Parents' Evening Week Years 1-5

Meeting Dates

- **Years 1 to 5:** meetings will be the week beginning 30th March.

Appointments will be available via the online Parents' booking system - further information will follow soon.



CORONAVIRUS UPDATES

For up-to-date information and advice on the Coronavirus please visit:

<https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public>

This weblink is available from the home page of our school website



Coronavirus Information

We are following the guidelines from Public Health England and further support and advice can be sought by visiting their website:

Click here to visit – Public Health England



Year 3 really enjoyed showing us all how much they had learned about the Romans and the 'brave and fierce' Celts !

Is Your Child Getting Enough Sleep? Here's How to Tell

If your child wakes up before the alarm clock (even if you wish they didn't), it's a good sign he or she is getting adequate sleep. But if you set three alarms and still have to drag your child out of bed in the morning, it's probably time to work on creating some better sleep habits, as he or she may not be getting enough sleep.

Most children become used to staying up a little later and sleeping in more frequently during holidays, but during term-time, it's important to move bedtime up and keep in a routine.

At school we sometimes see children who appear tired and struggle to concentrate on days during the week. They 'have a go' at their work, but they just don't seem to have any energy or resilience. Some days they are with it, but other times they are like the Duracell bunny whose batteries have run out.

Studies have linked sleep deprivation with mood swings and reduced cognitive function, including concentration difficulties, lower test scores and a



drop in overall school performance. Poor sleep also is associated with poor eating habits and even obesity.

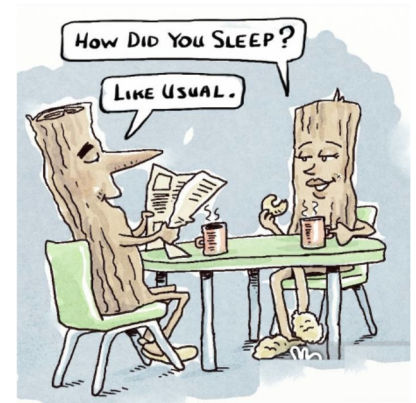
6 tips for healthier sleep habits

1. Set a bedtime that is in line with recommendations (such as recommended in the chart at the bottom of the page).
2. Set a regular sleep schedule. Your child's bedtime and wake-up time shouldn't vary by more than 30 to 45 minutes between weeknights and weekends.
3. Create a consistent bedtime routine (yes, even for older children) that is calming and sets

the mind for sleep.

4. Turn off electronic screens at least 60 minutes before bedtime.
5. Avoid caffeine and sugary drinks, particularly in the second half of the day.
6. Make sleep a priority for yourself!

...ZZZZZZZZZZZZZZZZZZ

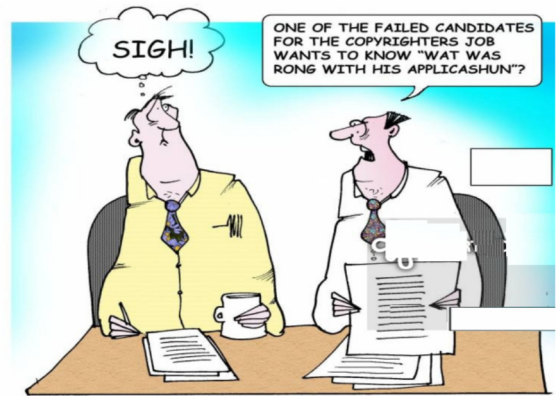


	Wake-up time						
	6:00 AM	6:15 AM	6:30 AM	6:45 AM	7:00 AM	7:15 AM	7:30 AM
	Sleeping time						
Age							
5	6:45 PM	7:00 PM	7:15 PM	7:30 PM	7:30 PM	8:00 PM	8:15 PM
6	7:00 PM	7:15 PM	7:30 PM	7:30 PM	8:00 PM	8:15 PM	8:30 PM
7	7:15 PM	7:15 PM	7:30 PM	8:00 PM	8:15 PM	8:30 PM	8:45 PM
8	19:30	7:30 PM	8:00 PM	8:15 PM	8:30 PM	8:45 PM	9:00 PM
9	7:30 PM	8:00 PM	8:15 PM	8:30 PM	8:45 PM	9:00 PM	9:15 PM
10	8:00 PM	8:15 PM	8:30 PM	8:45 PM	9:00 PM	9:15 PM	9:30 PM
11	8:15 PM	8:30 PM	8:45 PM	9:00 PM	9:15 PM	9:30 PM	9:45 PM
12	8:15 PM	8:30 PM	8:45 PM	9:00 PM	9:15 PM	9:30 PM	9:45 PM

How to help your child...spell

Don't forget to look on our website for useful **'How to help your child...'** guides on the curriculum pages. If your child is having trouble with their spelling, then there may be some useful ideas in the following guide:

<https://willerbycarrlaneprimary.org.uk/wp-content/uploads/2019/02/How-to-help-your-child...-spell.pdf>



School Lunch Myth Busters !



Q: Can my child have salad with any meal option?

A: Yes, the children can help themselves to the Salad Bar if they have ordered a hot meal, Jacket Potato or a School Sandwich.

Q: Although my child is not vegetarian, can they still choose this option?

A: Yes, if they let their class teacher know in Registration they will put a comment in the comments box on the register and Lisa our Cook will ensure they have a vegetarian meal.

Q: If my child has a food allergy can this be catered for?

A: If your child has a food allergy, inform the office and we will let Lisa our Cook know, she can adapt the menu for your child.



Multiplication Tables Check

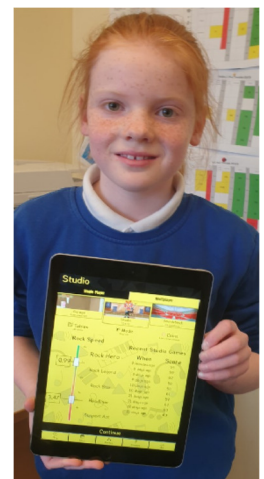
The Multiplication Tables Check (MTC) is a key stage 2 assessment to be taken by pupils at the end of year 4 (in June) from this year onwards. The purpose of the MTC is to make sure the times tables knowledge is at the expected level.

The MTC is an online test where the pupils are asked 25 questions on times tables 2 to 12. For every question you have 6 seconds to answer and in between the

questions there is a 3 second rest. Questions about the 6, 7, 8, 9, and 12 times table come up more often. The questions are generated randomly based on the rules of the MTC.

Our pupils are practising regularly using the Times Table Rock Stars

App. The school has purchased licences for the children to practice at home or at school and we already have some budding Guitar Rock Heroes !



ATTENTION — IDLING — PARENTS: YOU ARE POLLUTING

SAVE OUR KIDS' AIR

**DON'T IDLE
WHILE YOU WAIT.**

IDLING IS LEAVING YOUR ENGINE RUNNING WHILE YOUR VEHICLE IS PARKED, LIKE WHEN YOU'RE WAITING TO PICKUP THE KIDS FROM SCHOOL.

EVERY LITTLE BIT COUNTS. INFOGRAPHIC BROUGHT TO YOU BY PICKLEWIX.COM

IDLING A CAR
FOR JUST
5 MINUTES
A DAY CAN EMIT AS MANY AS
25 POUNDS
OF HARMFUL
AIR POLLUTANTS
+ 260 POUNDS
OF **CARBON DIOXIDE**
A YEAR (YUCK!)



**BETTER YET, RIDE A BIKE,
RIDE THE BUS, OR WALK!**



Tips for parents ...

...to support with reading and phonics at home. Includes videos to watch and suggestions of books to read:
www.oxfordowl.co.uk/for-home/

It even has *How to...* videos on supporting reading comprehension at home.

Definitely worth a look!



Oxford
OWL

Fearsome Vikings Invade Year 5



Would you like to work for us?



Casual Lunchtime Supervisor

If you have some spare time, we are looking for casual Lunchtime Supervisors, between 11:50 and 13:26, any day Monday to Friday, term time only.



For details of either position, please email the school for an application form:
admin@carrlaneprimary.net.

Please note that Willerby Carr Lane Primary School is committed to safeguarding and promoting the welfare of children and expects all employees and volunteers to share this commitment. The suitability of all prospective employees or volunteers will be assessed during the recruitment process in line with this commitment.

Want to see more of what goes on at WCLPS?

Then find and follow us on the internet:

School Website: packed with information:

<https://willerbycarrlaneprimary.org.uk/>

Or follow us on **Twitter:**
@WCLPS @WCLPSEYFS

@WCLPSYear1 @WCLPSYear 2
etc.

Or, look at our photo albums on **flickr**. Go to

<https://www.flickr.com> and search for WCLPS, or go direct to:

<https://www.flickr.com/photos/165477203@N02/>

Or, watch our videos on **Vimeo**. Go to <https://vimeo.com/> and search for WCLPS, or go direct to:

<https://vimeo.com/manage/showcases/5676289>



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