

# PARENTS' / CARERS' GUIDE TO SELF-ISOLATING

## What should I do if my child has been sent home because they displayed symptoms of Coronavirus?

### Why has the school sent my child home?

We follow Public Health England Guidance which stipulates that if anyone becomes unwell during the school day with **a new continuous cough or a high temperature, or has a loss of, or change in, their normal sense of taste or smell**, they must be sent home.

We realise this is a very challenging situation for you and are here to help as best we can.

### What should I do now?

- Your child must stay at home for at least 10 days from when symptoms started
- All other household members who remain well must stay at home and not leave the house for 10 days and not go to school.

### Can I get my child tested?

- Yes.
- Tests can be booked online through the NHS website, or ordered by telephone via NHS 119 for those without access to the internet
- Anyone who displays symptoms of coronavirus (COVID-19) as indicated above can and should get a test. Tests can be booked online through the NHS website, or ordered by telephone via NHS 119 for those without access to the internet.

### What if the test is positive?

- If a positive test is received they must follow self-isolation procedures above.

### What if the test is negative?

- If they are confirmed through testing to not have COVID-19 and they feel well and no longer have symptoms of COVID-19 they can return to school and other household members no longer need to self-isolate (unless they display COVID-19 symptoms).

### What support will the school provide whilst my child is self-isolating

- We will call you on the first day to ensure your child can access Google Classrooms
- The work that your child is missing at school, will be uploaded onto Google Classrooms for each following day. It is important that your child tries their best to engage fully with this work so that when they return to school they can fit straight back into lessons.
- A member of our intervention team will try to call twice a week to talk to you/your child to offer support, advice and help keep your child engaged and motivated.
- If possible (depending on numbers) your class teacher will also try to ring once a week to keep your child engaged and feeling supported.
- If we can help in any other way, please call us and ask.

Unless your child is confirmed through testing to not have COVID-19, they will be due back in school on:	
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