



School Meal Provision – Autumn 21

We are delighted to announce that from **September 2021** we will be offering a hot meal, Jacket Potato and Sandwich meal.

EYFS, Year 1 & 2 will be eating all school meals including the sandwich option and their own packed lunches in the KS2 hall, whilst KS2 children will be having their school meals in the KS2 hall but their own packed lunches will be in the KS1 hall.

All School Meal menus will be on a 3 week rota and are listed below.

School Hot Meal

Menu 1: Week Commencing – 6 Sept, 27 Sept, 18 Oct, 15 Nov, 6 Dec, 10 Jan 22, 31 Jan

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Pizza or (V) Margarita Pizza or Jacket with Cheese &/or Baked Beans Garlic Wedges Baked Beans Fresh fruit and Yoghurt or Arctic Roll & Peaches	Gammon or (V) Quorn Roast or Jacket with Cheese &/or Baked Beans Oven Baked Sauté Potatoes Cauliflower & Broccoli Cheese Fresh fruit and Yoghurt or Oaty Biscuit	Sticky Chicken Vegetable Noodles Sweetcorn or (V) Jacket Potato with Cheese Fresh Fruit And Yoghurt	Spaghetti Bolognaise or (V) Spaghetti Neapolitan or Jacket with Cheese &/or Baked Beans Garlic Bread Mixed Vegetables Fresh Fruit and Yoghurt or Orange Shortcake & Custard	Fish Cakes & Tomato Sauce or (v) Cheese & Onion Potato Skins or Jacket with Cheese &/or Baked Beans Chips Garden Peas Fresh Fruit and Yoghurt or Frosted Muffin

Menu 2: Week Commencing – 13 Sept, 4 Oct, 1 Nov, 22 Nov, 13 Dec, 17 Jan 22, 7 Feb

Monday	Tuesday	Wednesday	Thursday	Friday
Meatballs in Tomato Sauce or (V) Veggie Meatballs in Tomato Sauce or Jacket with Cheese &/or Baked Beans Mixed Steamed Rice Mixed Vegetables Fresh Fruit and Yoghurt	Cheese & Tomato Pasta Bake or (V) Pizza Pasta Bake or Jacket with Cheese &/or Baked Beans Crusty Roll Peas & Sweetcorn Fresh Fruit and Yoghurt or Melting Moment & Strawberry Milkshake	Chicken Fillet or (V) Quorn Roast Yorkshire Pudding & Gravy or Jacket with Cheese &/or Baked Beans Mashed Potato Baby Carrots & Green Beans Fresh Fruit & Yoghurt or Raspberry Mousse	All Day Breakfast: Bacon, Sausage, Scrambled Eggs, Baked Beans & Bread or (V) Veggie Sausage, Baked Beans, Scrambled Eggs, Hash Browns & Bread or Jacket with Cheese &/or Baked Beans Fruit and Yoghurt or Chocolate Crunch & Custard	Fish Fingers & Tomato Sauce or (V) Vegetable Fingers & Tomato Sauce or Jacket with Cheese &/or Baked Beans Chips Garden Peas Fresh Fruit and Yoghurt or Peaches & Jelly

Menu 3: Week Commencing - 20 Sept, 11 Oct, 8 Nov, 29 Nov, 3 Jan 22, 24 Jan, 14 Feb

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Gravy or (V) Veggie Sausage & Gravy or Jacket with Cheese &/or Baked Beans	Chicken with Cheese in a Tomato Sauce or (V) Quorn Chicken with Cheese in a Tomato Sauce or Jacket with Cheese &/or Baked Beans	Ham Pasta Bake or (V) Pasta Bake or Jacket with Cheese &/or Baked Beans	Braised Steak or (V) Quorn Roast or Jacket with Cheese &/or Baked Beans	Fillet of Fish & Tomato Sauce or (v) Cheese Pasta Bake or Jacket with Cheese &/or Baked Beans
Mashed Potato Baby Carrots & Broccoli	Jacket with Cheese &/or Baked Beans	Carrots Broccoli	Oven Roast Potatoes Baby Carrots Cauliflower	Chips Garden Peas
Fresh fruit and Yoghurt or Jam Sponge & Custard	Mixed Vegetable Rice Sweetcorn	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt or Peaches & Ice Cream	Fresh Fruit and Yoghurt or Toffee Apple Crumble & Custard
	Fresh Fruit and Yoghurt or Chocolate Krispie Slice & Mandarins			

School Packed Lunch/Grab Bag Menu

	Menu 1 W/C 6 Sept, 27 Sept, 18 Oct, 15 Nov, 6 Dec, 10 Jan, 31 Jan	Menu 2 W/C 13 Sept, 4 Oct, 1 Nov, 22 Nov, 13 Dec, 17 Jan, 7 Feb	Menu 3 W/C 20 Sept, 11 Oct, 8 Nov, 29 Nov, 3 Jan, 24 Jan, 14 Feb
Monday	*Cheese Sandwich Salad Bar & Pasta Fresh Fruit & Yoghurt or Arctic Roll & Peaches	Cheese Sandwich Salad Bar & Pasta Fresh Fruit & Yoghurt	Cheese Sandwich Salad Bar & Pasta Fresh fruit & Yoghurt or Jam Sponge & Custard
Tuesday	*Gammon Sandwich Salad Bar & Pasta Fresh Fruit & Yoghurt or Oaty Biscuit & Fruit *(V) Cheese Sandwich	*Chicken Sandwich Salad Bar & Pasta *(V) Cheese Sandwich Fresh Fruit & Yoghurt or Melting Moment & Strawberry Milkshake	*Chicken Sandwich Salad Bar & Pasta Fresh Fruit & Yoghurt or Chocolate Krispie Slice & Mandarins *(V) Cheese Sandwich
Wednesday	*Chicken Wrap Salad Bar & Pasta Fresh Fruit & Yoghurt *(V) Cheese Sandwich	*Turkey Wrap Salad Bar & Pasta Fresh Fruit & Yoghurt or Raspberry Mousse & Fruit *(V) Cheese Sandwich	Ham Wrap Salad Bar & Pasta Fresh Fruit & Yoghurt *(V) Cheese Sandwich
Thursday	*Turkey Sandwich & Sausage Roll* Salad Bar & Pasta Fresh Fruit & Yoghurt or Orange Shortcake & Custard *(V) - Cheese *(V) - Cheese & Onion Roll	*Sausage Sandwich Salad Bar & Pasta Fruit & Yoghurt or Chocolate Crunch & Custard *(V) Cheese Sandwich	*Turkey Sandwich & Sausage Roll* Salad Bar and Pasta Fresh Fruit & Yoghurt or Peaches & Ice Cream *(V) Cheese Sandwich *(V) Cheese & Onion Roll
Friday	*Tuna Baguette Salad Bar & Pasta Fresh Fruit & Yoghurt or Frosted Muffin *(V) Cheese Sandwich	*Tuna Baguette Salad Bar & Pasta Fresh Fruit & Yoghurt or Peaches & Jelly *Veggie Bake	*Tuna Baguette Salad Bar & Pasta Fresh Fruit & Yoghurt or Toffee Apple Crumble & Custard *(V) Cheese Sandwich

Please note that payment for school meals can be made online though SIMS Pay and must be made in advance of the school meal being taken. All children in Foundation Stage, Year 1 and Year 2 are entitled to Universal Free School Meals, regardless of whether you are entitled to benefits-related free school meals.

If you are unsure whether you are entitled to benefits-related free school meals, please contact our designated Free School Meals Office, Dawn Clipson in the office on 01482 653388 or email: admin@carrlanprimary.net to discuss further and in complete confidence.