










Willerby Carr Lane Primary School – Autumn Term 2023 Menu 3 w/c 18 Sept, 9 Oct, 6 Nov, 27 Nov. 18 Dec

 Monday	Tuesday  Wednesday		Thursday 	Friday
Hot Main Option (V) Cheese and Tomato Pasta Bake, Vegetable Medley Fruit and Yoghurt or Arctic roll and Mandarins	Hot Main Option Chicken Nuggets with Sweet Chilli Dipping Sauce, Rice, Peas, Sweetcorn Fruit and Yoghurt or Meringue Nest with Summer Fruits	Hot Main Option Beef Burger in a Bun with Tomato Sauce, Broccoli, Carrots Fruit and Yoghurt or Jelly and Peaches	Hot Main Option Chicken Pie, Roast Potatoes, Sweetcorn, Carrots Fruit and Yoghurt or Fruit Flapjack	Hot Main Option Fish Fingers, Chips, Peas Fruit and Yoghurt or Fresh Fruit Cocktail
Hot Vegetarian Option (V) Cheese and Tomato Pasta Bake, Vegetable Medley Fruit and Yoghurt or Arctic Roll and Mandarins	Hot Vegetarian Option (V) Vegetable Nuggets with Sweet Chilli Dipping Sauce, Rice, Peas, Sweetcorn Fruit and Yoghurt or Meringue Nest with Summer Fruits	Hot Vegetarian Option (V) Vegetable 1/4lb Burger in a Bun with Tomato Sauce, Broccoli, Carrots Fruit and Yoghurt or Jelly and Peaches	Hot Vegetarian Option (V) Country Vegetable Bake, Roast Potatoes, Sweetcorn, Carrots Fruit and Yoghurt or Fruit Flapjack	Hot Vegetarian Option (V) Vegetarian Fingers, Chips, Peas Fruit and Yoghurt or Fresh Fruit Cocktail
Jacket Potato Option (V) Jacket Potato with Cheese and Baked Beans, Baked Beans or Cheese and Veg Fruit and Yoghurt or Arctic Roll and Mandarins	Jacket Potato Option (V) Jacket Potato with Cheese and Baked Beans, Baked Beans or Cheese and Veg Fruit & Yoghurt or Meringue Nest & Summer Fruits	Jacket Potato Option (V) Jacket Potato with Cheese and Baked Beans, Baked Beans or Cheese and Veg Fruit and Yoghurt or Jelly and Peaches	Jacket Potato Option (V) Jacket Potato with Cheese and Baked Beans, Baked Beans or Cheese and Veg Fruit and Yoghurt or Fruit Flapjack	Jacket Potato Option (V) Jacket Potato with Cheese and Baked Beans, Baked Beans, Tuna Mayo or Cheese and Veg Fruit and Yoghurt or Fresh Fruit Cocktail

Willerby Carr Lane Primary School – Autumn Term 2023 Menu 2 w/c 11 Sept, 2 Oct, 23 Oct, 20 Nov, 11 Dec

<div>Monday</div> 		<div>Tuesday</div> 		<div>Wednesday</div>	<div>Thursday</div> 	<div>Friday</div>
Hot Main Option Chicken Kebab Skewers, Pasta in a Rustic Tomato Sauce, Broccoli, Peas, Fruit and Yoghurt or Jelly and Peaches		Hot Main Option All Day Breakfast: Bacon, Sausage, Hash Brown, Baked Beans or Chopped Tomatoes Fruit and Yoghurt		Hot Main Option Breaded Fish Fillet Square with tomato sauce, Pomme Noisette Potatoes, Carrots, Sweetcorn Fruit and Yoghurt or Strawberry Angel Delight	Hot Main Option Mexican Beef Chilli with Rice, Carrots, Peas Fruit and Yoghurt or Apple Enchilada	Hot Main Option Salmon Fishcake or Lincolnshire Fishcake, Chips, Sweetcorn, Peas Fruit and Yoghurt or Honey drizzled Ice Cream
Hot Vegetarian Option (V) Quorn Vegan Balls in a Rustic Tomato Sauce, Broccoli, Peas Fruit and Yoghurt or Jelly and Peaches		Hot Vegetarian Option (V) All Day Vegetarian Breakfast: Vegetarian Sausages, Hash Brown, Baked Beans or Chopped Tomatoes Fruit and Yoghurt		Hot Vegetarian Option (V) Vegetable Crumbed Nuggets, Pomme Noisette Potatoes, Carrots, Sweetcorn Fruit and Yoghurt or Strawberry Angel Delight	Hot Vegetarian Option (V) Vegan Mince Chilli with Rice, Carrots, Peas Fruit and Yoghurt or Apple Enchilada	Hot Vegetarian Option (V) Vegetable Nuggets, Chips, Sweetcorn, Peas Fruit and Yoghurt or Honey drizzled Ice Cream
Jacket Potato Option (V) Jacket Potato with Cheese and Baked Beans, Baked Beans or Cheese and Veg Fruit and Yoghurt or Jelly and Peaches		Jacket Potato Option (V) Jacket Potato with Cheese and Baked Beans, Baked Beans or Cheese and Veg Fruit & Yoghurt		Jacket Potato Option (V) Jacket Potato with Cheese and Baked Beans, Baked Beans or Cheese and Veg Fruit and Yoghurt or Strawberry Angel Delight	Jacket Potato Option (V) Jacket Potato with Cheese and Baked Beans, Baked Beans or Cheese and Veg Fruit and Yoghurt or Apple Enchilada	Jacket Potato Option (V) Jacket Potato with Cheese and Baked Beans, Baked Beans, Tuna Mayo or Cheese and Veg Fruit and Yoghurt or Honey drizzled Ice Cream

Willerby Carr Lane Primary School – Autumn Term 2023 Menu 1 w/c 4 Sept, 25 Sept, 16 Oct, 13 Nov, 4 Dec

<p>Monday</p> 	<p>Tuesday</p> 	<p>Wednesday</p>	<p>Thursday</p> 	<p>Friday</p>
<p>Hot Main Option</p> <p>(V) Margherita Pizza, Garlic Bread, Peas, Sweetcorn</p> <p>Fruit and Yoghurt</p>	<p>Hot Main Option</p> <p>Breaded Chicken Fillet Burger, Rice, Carrots, Broccoli</p> <p>Fruit and Yoghurt or Fruit and Pancakes</p>	<p>Hot Main Option</p> <p>Tuna and Pasta in a Rustic Tomato Sauce, Green Beans, Sweetcorn</p> <p>Fruit and Yoghurt or Raspberry Mousse</p>	<p>Hot Main Option</p> <p>Hot Sausage Roll, Potato Criss Cross Shapes, Baked Beans</p> <p>Fruit and Yoghurt or Orange and Mango Iced Smoothie</p>	<p>Hot Main Option</p> <p>Fish Fingers, Garlic Wedges, Peas and Carrots</p> <p>Fruit and Yoghurt or Apple Crumble and Custard</p>
<p>Hot Vegetarian Option</p> <p>(V) Margherita Pizza, Garlic Bread, Peas, Sweetcorn</p> <p>Fruit and Yoghurt</p>	<p>Hot Main Option</p> <p>(V) Meat Free Vegan Chicken Style Burger, Rice, Carrots, Broccoli</p> <p>Fruit and Yoghurt or Fruit and Pancakes</p>	<p>Hot Vegetarian Option</p> <p>(V) Pasta in a Rustic Tomato Sauce with Cheese, Green Beans, Sweetcorn</p> <p>Fruit and Yoghurt or Raspberry Mousse</p>	<p>Hot Vegetarian Option</p> <p>(V) Cheese and Onion Roll, Potato Criss Cross Shapes, Baked Beans</p> <p>Fruit and Yoghurt or Orange and Mango Iced Smoothie</p>	<p>Hot Vegetarian Option</p> <p>(V) Vegetable Fingers, Garlic Wedges, Peas and Carrots</p> <p>Fruit and Yoghurt or Apple Crumble and Custard</p>
<p>Jacket Potato Option</p> <p>(V) Jacket Potato with Cheese and Baked Beans, Baked Beans or Cheese and Veg</p> <p>Fruit and Yoghurt</p>	<p>Jacket Potato Option</p> <p>(V) Jacket Potato with Cheese and Baked Beans, Baked Beans or Cheese and Veg</p> <p>Fruit & Yoghurt or Fruit and Pancakes</p>	<p>Jacket Potato Option</p> <p>(V) Jacket Potato with Cheese and Baked Beans, Baked Beans or Cheese and Veg</p> <p>Fruit and Yoghurt or Raspberry Mousse</p>	<p>Jacket Potato Option</p> <p>(V) Jacket Potato with Cheese and Baked Beans, Baked Beans or Cheese and Veg</p> <p>Fruit and Yoghurt or Orange and Mango Iced Smoothie</p>	<p>Jacket Potato Option</p> <p>(V) Jacket Potato with Cheese and Baked Beans, Baked Beans, Tuna Mayo or Cheese and Veg</p> <p>Fruit and Yoghurt or Apple Crumble and Custard</p>